



# **Era of New Normal: Undefined Paradigm**

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# Impact of the Pandemic on the Life of the Elderly in Kolkata

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## Abstract

### Introduction

Old age is the natural process of human ageing process. It is an age group comprising of a segment of the oldest members of the population. Old age has become a growing problem today all over the world. Originally it was a problem only in developed countries but now-a-days it is a concern in both developed and developing countries. The number of old people is increasing at a higher rate and so there arises a challenge to provide them care and support.

### Method

Here the study is based on secondary sources. The practical scenario of Kolkata has been considered to analyse and interpret the situation and the role played by some of the organizations in addressing the problem.

### Results

There are several cases of old people being left alone or abused by the caregivers. During the lockdown due to lack of assistance from the caregivers they were left with no alternative than to suffer severely. Loneliness and severity of the pandemic have affected both the physical and psychological wellbeing of the elderly population.

### Conclusion

According to doctors, keeping in touch with the elderly is the most important form of support to them in this lockdown days. Here, the role of family is very crucial. Lastly, some suggestions have been provided for the elderly during the pandemic period to bring them out of isolation and make them feel better.

**Key Words:** old age, alone, loneliness, caregivers, pandemic